

Dundee Alcohol and Drug Prevention Framework Quick Usability Guide

The **Prevention Framework** is a flexible, updatable resource which is hosted online. The Framework should be used to share on-going developments, **evidence-based** updates and good practice across Dundee, Tayside and beyond. The intention is to stimulate additional activity from partners in terms of researching, monitoring, and evaluation, to further grow the evidence-base.

The Framework includes **11 key themes** that should be utilised and considered alongside the 'Evidence Briefings' when monitoring or planning any services, interventions or prevention activity.

The Framework is designed to complement the Dundee ADP's **strategy development** and **delivery plan**, and aims to promote a 'Public Health Approach' to ensure there is a focus on **primary prevention**.



Primary Prevention

This is a way of working that aims to address the underlying causes of poor health and wellbeing. Instead of waiting for people to become unwell or need support from services, the aim is to prevent that happening. This way of working often involves working with whole communities or populations.

Evidence-based

Evidence-based approaches utilise research to improve the delivery of services and demonstrate the highest level of effectiveness based on a set of evaluation or research criteria.

Why should we use the Prevention Framework?

Primary prevention is a key component to support long term change.

What can the Prevention Framework be used for?



To learn more about Primary Prevention and what it means



A reference or benchmarking tool



Evidence tool



A quick link to evidence-based approaches



Using local prevention work to build upon a local evidence base

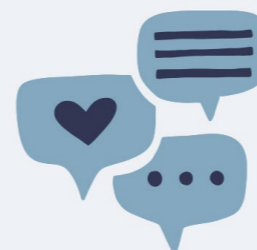


Funding tool

How do we use the Prevention Framework?



Jump in and out of relevant sections



Share it with colleagues and partners



Use the links to support and expand on local data and evaluation



Share your prevention work to help expand local context

Evidence Briefings

The core of the content is a series of Evidence Briefings across the life cycle. Each provide a summary of current evidence of effective practice and are packaged with appropriate literature review material. The Briefings aim to provide a greater understanding of the local prevention needs of the community in the early stages of planning an intervention.



Need to know

Provides key points contributing to the impact of alcohol and drugs in each of the Core Evidence Briefings.



Key Findings

Provides key messages for effective implementation of health improvement interventions.



Good Practice

Links to projects and initiatives that have shown some success, both locally and nationally.



Potential Stakeholders

Helps identify key stakeholders and to adopt a whole systems approach which is essential to the implementation of any effective intervention.



Context

Provides an overview of the population in question, by highlighting the most relevant and up-to-date information available.



What Works?

A detailed analysis is displayed, for each specific evidence-based intervention including its effectiveness.

